

ART STUDIO

ART CLASSES

New and returning students welcome. Every session, new artists and projects are covered.

5 to 10 years old

ART FOR CHILDREN

Introduces young students to basic color theory via fun, hands on, interactive lessons and creativity games. We'll explore a variety of materials and learn about a famous artist or two. Art material fee included in session fee.

Missie St. Sauveur

Fri. 5-6:30pm \$53/5wks/I & \$42/4wks/II

PARENTING PROGRAMS

PARENTING

For details, call Deb Smith, RN and Parenting in Progress Site Coordinator, at 769-7450.

16 to 21 years old

PARENTING IN PROGRESS®

Parenting In Progress (PIP) is an alternative education, life skills, and job training program housed at YWCA. Collaborative partners for this YWCA program include: Woonsocket Education Department, Project RIRAL, BVCAP, Connecting for Children and Families, and area businesses. Eligible applicants must live in Woonsocket and be pregnant or parenting young women under 21 years old. Mon.-Fri. from 9am-1pm.

PHYSICAL EDUCATION

Gym activities are under the direction of Debbie Fay.

GYM ACTIVITIES

Walking to 3 years old

JUMPING BEANS

Gymnasium play with parent.

Thurs. 9-10am \$28/4wks/I & \$28/4wks/II

SOCIALIZATION ACTIVITIES

2 1/2 to 3 1/2 years old

Independent classes for your child (do not have to be toilet trained).

SMALL WORLD:

Children offered opportunities for socialization, creativity and toilet training. Includes storytime, songs, crafts, playtime and snack.

SMALL WORLD I

Tues. 9-10am \$35/5wks/I & \$35/5wks/II

SMALL WORLD II

Tues. 10am-noon \$70/5wks/I & \$70/5wks/II



GYMNASTICS ACADEMY

BASIC GYMNASTICS

3 1/2 to 5 years old

BEGINNER GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program.

Preschoolers have the opportunity to advance to higher levels.

Wed. 2-3pm \$35/5wks/I & \$28/4wks/II



5 to 12 years old

BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.

Wed. 3-4pm \$35/5wks/I & \$28/4wks/II

13 to 18 years old

TEEN GYMNASTICS

Specifically designed for teenagers.

Wed. 4-5pm \$35/5wks/I & \$28/4wks/II

CONTINUING GYMNASTICS

All classes listed below require permission from the instructor for participation. Call Jennie Graham or Debbie Fay at 769-7450. YWCA Rhode Island Gymnastics Academy Competitive Coaches are USA Gymnastics Certified.

5 to 12 years old

ADVANCED GYMNASTICS & PRE TEAM

Thurs. noon-2pm \$56/4wks/I & \$56/4wks/II

COMPETITIVE TEAM:

Monthly fee for all competitive teams:

One day a week \$48/month

Two days a week \$96/month

Three days a week \$120/month

Jennie Graham, Head Coach
Breonna Lenart, Assistant Coach

HOT SHOTS 4 to 9 years old

Mon. noon-2pm

TEAM A 8 to 16 years old

Wed. noon-2pm

TEAM B 8 to 16 years old

Mon. 2-4pm

Wed. 2-4pm

TEAM C 8 to 16 years old

Mon. 4:30-7pm

Wed. 4:30-7pm

TEAM D 9 to 18 years old

Mon. 4:30-7pm

Wed. 4:30-7pm

Thurs. 2-5pm

YWCA RHODE ISLAND - COMMUNITY CONNECTION

CENTRAL FALLS CAMPUS

YWCA Rhode Island, 324 Broad Street, Central Falls, RI 02863

CENTRAL FALLS HAS HEART

YWCA is partnering with Mayor James Diossa and local businesses for the Central Falls Has Heart campaign. The program will educate residents about the 7 symptoms of a heart attack and importance of calling 9-1-1. YWCA will provide the business community with magnets from the "Make the Call, Don't Miss a Beat" campaign and ask them to distribute to their patrons. Magnets will also be available at City Hall. Magnets are in Spanish. Call for details, 401-722-3010.

SARAH FRANCES GRANT HOMESTEAD

Sarah Frances Grant Homestead is a permanent supportive housing program for homeless women with disabilities. Residents must be 18 and over, unaccompanied by children and have been substance abuse free for at least three months before entering the program. Residents have a single bedroom and share common areas such as the living room, dining room, kitchen and bathrooms. Case management services are offered on-site. Call for more information, 401-722-3010.

WELLNESS

YWCA offers health outreach and information to members of the Central Falls/Pawtucket community. ENCOREplus® (Breast and Cervical Health Outreach) and Heart Health for Latina women. Call Joyce Dolbec for more information, 401-769-7450 x12.

GOLF

Sunday, July 21, 2013
1pm Shotgun, Foster Country Club

YWCA Rhode Island
19th Annual Golf Tournament
in memory of Gini Duarte

Event supports breast health awareness and outreach programs, ENCOREplus®. Participate with YWCA Rhode Island as a player, sponsor or raffle prize donor. Contact: Holly Courtemanche at 401-769-7450.



SHE SHINES™

www.sheshines.org
Metcalf Award for Diversity in the Media

She Shines celebrates the aspirations and accomplishments of women, a quarterly publication by YWCA Rhode Island.

To receive a FREE subscription or reserve advertising space, call Lisa Piscatelli at 769-7450 x19. Share it. Trust it. Smile.



ROSIE'S GIRLS
YWCA Summer Camp
in Providence
for girls age 10 to 12.



Combines hands-on instruction in skilled trades with art activities and games, while supporting girls in finding their own strength, power and confidence.

Contact: Clara Schwager at 401-722-3010

NOWELL ACADEMY

- ✓ Fast track to high school graduation
- ✓ 15 hours in classroom and 15 hours at home online instruction
- ✓ Convenient locations in Providence and on Central Falls/Pawtucket line

New Rhode Island public charter high school, sponsored by YWCA Rhode Island.

For an application or more information, call 401-722-3010.

