

eliminating racism
empowering women
ywca

WE'RE MAKING A DIFFERENCE
1923-2010

spring session 2010 northern rhode island



REGISTRATION BEGINS FEBRUARY 1

SIX WEEK SESSION
2/14 - 3/27

closed 2/15, Presidents' Day



Tuesday, March 2 at 11:15am

Community Conversation at YWCA: Eye Safety for Children (and Parents)

Guests Jeffrey S. Kenyon, OD and YWCA's eye health outreach puppet, Retina. Free registration, RSVP to 769-7450. Program funded by the National Eye Institute.

Programs for children,
youth and adults:

Art Studio
Child Care
Community Outreach
Gym Activities
Gymnastics Academy
Parenting In Progress
Pre-Preschool
Preschool
Vacation Camps
Wellness Classes
Youth Enrichment

New Classes: ★

Intro to Ballroom
Vinyasa Yoga

YOUTH ENRICHMENT

SERVICES FOR FAMILIES ★ WHEN IT SNOWS, WE'RE OPEN

We are there for you when school is closed. YWCA provides an all day youth enrichment program for children age 6-15 when school is cancelled due to inclement weather and during school vacation.

In order to participate, you must register your child in advance, 769-7450.

AFTER SCHOOL

For program details call Nathan Smith, Youth Enrichment Program Coordinator, 769-7450.

For students attending any Woonsocket elementary school (public or Catholic) and the Woonsocket Middle School. Mon.-Fri., 2-6:30pm (3 day minimum), \$17/day. Children are bussed to YWCA from their schools, enjoy a free snack, participate in fun activities, offered homework help and special events. Builds on the strengths and values of youth by providing them with a supportive, safe and culturally diverse environment in which they can develop positive qualities for school success and a productive future. Activities geared towards fostering individual creativity and imagination and the ability to implement the child's own original ideas. New computer lab and library.

APPLE YOUTH ENRICHMENT

The APPLE curriculum includes Academics, Physical education/recreation, Prevention, Leadership and Empowerment. Our philosophy is to provide a developmentally appropriate program for children in Kindergarten to age 15. Program focuses on a youth's individual needs. We provide a safe, nurturing and enriching program, which parents can rely upon throughout the year; especially after school, school vacations and during the summer. Program encourages healthy social, emotional, physical and cognitive development. Licensed by Rhode Island Department of Children, Youth and Families.

VACATION CAMPS

DOODLE BUGS

For children 2 1/2 to 3 1/2 years of age. Enjoy books, games and activities.

February 16-19. Also available during April School Vacation. 9am-1pm, \$20/day. Early Birds and/or after camp options for an additional \$6/hour/day (each program). Families needing full time care, speak with receptionist regarding childcare options.

BUSY BEE

For children 3 to 5 years of age. Enjoy books, games and activities.

February 16-19. Also available during April School Vacation. 9am-1pm, \$15/day. 1-5pm, \$15/day. Early Birds and/or after camp options for an additional \$6/hour/day (each program). Families needing full time care, speak with receptionist regarding childcare options.

ADVENTURE

For children 6 to 12 years of age. Junior Leadership option available for children 13 and over. Free snack, games, contests, prizes, movie making, cooking, sports, arts/crafts, face painting, and more.

February 16-19. Also available during April School Vacation. 6:30am-6pm, \$29/day. Half days available, \$15 for a 4 hour day.

GYMNASTICS ACADEMY

GYMNASTICS - BASIC

3 1/2 to 5 years old

BEGINNER GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Preschoolers have the opportunity to advance to higher levels.

Fri. 3:30-4:30pm \$36/6wks

4 to 7 years old

BEGINNER/INTERMEDIATE GYM- NASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.

Thurs. 4:30-5:30pm \$36/6wks
Sat. 10:15-11:30am \$45/6wks

5 to 12 years old

BEGINNER/INTERMEDIATE GYM- NASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.

Fri. 4:30-5:30pm \$36/6wks

Sat. 9-10:15am \$45/6wks

GYMNASTICS - CONTINUING

All classes listed below require permission from instructor for participation. Call Jennie Graham or Debbie Fay at 769-7450.

4 to 7 years old

ADVANCED PEE WEE GYMNASTICS-LEVEL I & II

Thurs. 3:30-4:30pm \$36/6wks

5 to 12 years old

ADVANCED GYMNASTICS

Tues. 3:45-5pm \$45/6wks

PRE TEAM

Sat. 11:30am-1pm \$54/6wks

COMPETITIVE TEAM

Monthly fee for all competitive teams:

One day a week \$44/month

Two days a week \$86/month

Three days a week \$100/month

Jennie Graham, Head Coach

Breonna Gentes, Assistant Coach

HOT SHOTS 4 to 9 years old

Sat. 9-11am

TEAM A 8 to 16 years old

Sat. 11am-1pm

TEAM B 8 to 16 years old

Sat. 11am-1pm

TEAM C 8 to 16 years old

Thurs. 4:15-6:30pm

Sat. 1:30-4pm

TEAM D 9 to 18 years old

Tues. 3:45-6:30pm

Fri. 4:15-6:30pm

Sat. 1:30-4pm