

## SPECIAL INTEREST PROGRAMS

### RHODE ISLAND CLOTHESLINE PROJECT

A visual exhibit which bears witness to the victims and survivors of acts of violence against women. The Rhode Island Clothesline Project is currently housed at YWCA Northern Rhode Island.

### SHE SHINES™

Published by YWCA Northern Rhode Island, *She Shines* is a magazine celebrating the aspirations and accomplishments of women. Call 769-7450 to receive a free subscription or visit [www.sheshines.org](http://www.sheshines.org) to view online.

### SILENT WITNESSES OF RHODE ISLAND

A traveling memorial honoring women and children of Rhode Island who were murdered in acts of domestic violence. Visit [www.silentwitness.net](http://www.silentwitness.net), to learn more.



## YWCA ART STUDIO

### ART CLASSES

New and returning students welcome; every session covers new artists/projects.

#### 5 to 7 years old

### ART FOR CHILDREN

If you love drawing then this class is for you. Learn the basics of art through drawing, painting, sculpting and creativity games. Please bring a smock or junky t-shirt and a smile. An art material fee is included in the session fee.

Missie St. Sauveur  
Fri. 5-6:30pm \$72/8wks

#### 8 to 14 years old

### MODERN ART FOR YOUNG PEOPLE

We will cover "modern art" from the 20th century. Students will learn about some of the most famous names in art. Learn how art can be about more than just painting a house that looks like a house. Educational and fun projects. An art material fee is included in the session fee.

Missie St. Sauveur  
\$81/9wks, Note: Day and time to be determined. If interested give contact information to the front desk, 769-7450.

#### 13 to 18 years old

### ART FOR TEENS: THE IMPRESSIONISTS

Particularly appropriate for those who have taken Modern Art for Young People, but all students are welcome. We will delve into more advanced techniques as we learn about the Impressionists and Post-Impressionists. We'll also explore exciting new media, including oil pastel and gouache. An art material fee is included in the session fee.

Missie St. Sauveur  
Mon. 5-6:30pm \$81/9wks

#### Adults and teens\*

### FEARLESS ART FOR ADULT BEGINNERS

Have you always itched to try painting, sketching, or sculpting? Wish you knew the difference between Manet and Monet? In this class, you get an introduction to art-making, as well as a little art history, in a relaxed, non-judgmental atmosphere. No talent or experience required. Come have fun with us. You may be surprised by what you can create. An art material fee is included in the session fee. \*Teens welcome if attending with adult.

Missie St. Sauveur  
Mon. 7-8:30pm \$81/9wks

## PHYSICAL ACTIVITIES FOR KIDS AT YWCA

### GYM PROGRAMS

All physical education classes are under the direction of Debbie Fay.

### DESIGN YOUR OWN CLASS!

Any age group. Learn T-ball, floor hockey, golf, tennis, etc. Call Debbie Fay, Physical Education Director, 769-7450. Subject to time and space availability. Prices set by usage.

### BIRTHDAY PARTIES DURING THE WEEK

Let Debbie Fay set up and run a party for your child. Themes: gymnastics, soccer, golf, etc. Call Debbie Fay to schedule, 769-7450. Subject to time and space availability. Prices set by usage.

#### Walking to 3 years old

### JUMPING BEANS

Gymnastics play with parent.  
Tues. 9-10am \$48/8wks  
Thurs. 10-11am \$36/6wks

### JUMPING BEANS GETS MESSY

One hour of gymnastics play with parent followed by a 1/2 hour messy activity of crafts or cooking  
Fri. 9-10:30am \$72/8wks

#### 2 1/2 to 3 1/2 years old

Independent classes for your child (do not have to be toilet trained).

### LITTLE LEARNERS

Pre-preschool for children 2 1/2 to 3 1/2 years of age. Two, three, four or five days available. See brochure page 1 for details.

### IDDY BIDDY SNACK ATTACKERS

Come run, have a snack, make a craft, and run some more.  
Mon. 9-noon \$122/9wks

### IDDY BIDDY SPORTY CRAFTY CHEFS

Combination of Small World, crafts, gymnastics, games, and cooking your own lunch. Come jump and crack some eggs. Non stop action.  
Wed. 9-noon \$122/9wks

### SMALL WORLD I, II, III

Children offered opportunities for socialization, creativity and toilet training. Includes storytime, songs, crafts, playtime, and snack.

### SMALL WORLD I

Deb Nault  
Thurs. 9-10am \$18/6wks

### SMALL WORLD II

Deb Nault  
Thurs. 10am-noon \$36/6wks

### SMALL WORLD III

Deb Nault  
Tues. 9am-noon \$72/8wks  
Fri. 9am-noon \$72/8wks

#### 3 to 5 years old

### SPORTSTASTIC

A new sport every week, socialization, and lunch making for your child.  
Wed. noon-2pm \$90/9wks

### INSIDE/OUTSIDE ADVENTURES

Nice weather we will spend time outside on playground collecting bugs, bird watching, and more. Bad weather we will play games in the gym. All activities followed by lunch.  
Mon. noon-2pm \$90/9wks

### TUMBLING CRAFTY COOKS

Beginner gymnastics skills training combined w/cooking and eating.  
Thurs. noon-2pm \$60/6wks

### GYMNASTIC FANTASTIC

Fantastic activity packed class. An hour of gymnastics followed by lunch, craft, and playtime.  
Fri. noon-2:30pm \$100/8wks

### MOM'S TIME OUT

Drop off your children for 3 1/2 hours of non stop fun. We will play a game of alligator pit, polar bear, do some gymnastics, play soccer, t-ball, golf, make an obstacle course plus make a full lunch and have craft and playtime. Mom, you go have a massage, shop alone, or take a nap. It's your time out without feeling guilty, your children are having a blast.  
Tues. noon-3:30pm \$126/8wks

#### 4 to 6 years old

### CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A.  
Mon. 3:30-4:30pm \$54/9wks

#### 6 to 9 years old

### CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A.  
Mon. 4:30-5:30pm \$54/9wks

#### 9 to 12 years old

### CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A.  
Fri. 4:30-5:30pm \$48/8wks

## YWCA GYMNASTICS ACADEMY

### GYMNASTICS - BASIC

#### 3 1/2 to 5 years old

### BEGINNER GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Preschoolers have the opportunity to advance to higher levels.  
Fri. 3:30-4:30pm \$48/8wk

#### 5 1/2 to 12 years old

### BEGINNER/INTERMEDIATE GYM- NASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.  
Mon. 3:45-5pm \$68/9wk  
Wed. 3:45-5pm \$68/9wk  
Sat. 10:15-11:30am \$68/9wk

#### 10 to 18 years old

### PRE-TEEN GYMNASTICS TEEN GYMNASTICS & CONDITIONING

Students get to work at their own individual gymnastic level.  
Sat. 11:30am-12:45pm \$68/9wk