

CONTACT US

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Woonsocket, RI 02895
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www.ywcanri.org

ANNUAL MEMBERSHIP

6 to 16 years \$12.00
17 to 64 years \$22.00
65 and over \$17.00

Children under 6 must be covered by a parent or guardian membership. Membership fees are not refundable or deductible as a charitable contribution. Reduced rates are available in some classes for members 65 and over. All classes and activities are open to both sexes unless otherwise indicated in the class description. A member may use the membership card at all other YWCAs in the USA.

YWCA membership, paid yearly, is required for participation in all programming except as otherwise indicated. Special non-member fees are available for some adult programs.

As a YWCA member, you have access to:

- low cost, innovative programs
- special membership events
- volunteer opportunities
- membership in the oldest, largest women's movement in the nation
(men and boys are welcome as associates)
- use of YWCA facilities nationwide

HOURS

Monday to Thursday, 9am-9pm
Friday 9am-6:30pm

STORM POLICY

Please listen to radio stations WOON 1240AM or WNRI 1380AM for YWCA cancellations, or watch Channel 10 & 12 closing announcements. School system delays, early dismissals, and professional days do not apply to YWCA schedule.

SCHEDULE

Classes run in consecutive sessions during the school year with a new schedule for summer.

ROOM RENTALS

Room rentals are available for events. Contact YWCA for details, 769-7450.

BOARD OF DIRECTORS

Kim Garneau, President
Cathy Brien, Vice President
Susan Gershkoff, Esq., Treasurer
Marissa Trinqué, Secretary
Rosemary Brite
Alessandra Borges
Lisa Carcifero
Gail Davis
Susan Donahue, DC
Vivian Godin
Lisa Harnois
Jeanne Lynch
Yvette Mendez
Stella Nared
Deborah L. Perry, Executive Director

EVENTS

- Enroll today, **Preschool Registration** for the 2009-10 school year is open.
- June 2-4, year end **Preschool Celebrations**
- June 3, **Spring Women's Wellness Series:** 2pm Lifespan will present Healthwise Book workshop and each participant will receive a free copy. 3pm Stress Reduction Techniques. 6:30pm Stress Reduction Techniques. Call YWCA Health Office to register, 769-7450.
- June 8 - August 21, **Summer Camps**
- June 10, 25th annual **PIP Graduation and Awards Ceremony**
- June 17, **Wellness Series Wii Game / Exercise:** Two sessions, 2-3:30pm & 6:30-8pm. Call YWCA Health Office to register, 769-7450.
- June 26, **Gymnastics Spring Show:** In YWCA Gymnasium with two performances. 6-7:30pm: Advanced Pee Wee, Intermediate, and Competitive Teams - A/B/C/D. 7:30pm: Tues. Advanced Gymnastics, Pre-Team, Competitive Teams - Hot Shots/A/B/C/D.
- July 19, 15th annual **ENCOREplus® Golf Tournament:** 12:30pm Shotgun at Foster Country Club. \$110/player - golf, gas cart and dinner. Support YWCA Northern Rhode Island as a player, sponsor or raffle prize donor. Call Debbie Fay or Holly Courtemanche for details, 769-7450. The funds support breast health awareness and outreach programs.

New to YWCA?
call for more information
schedule a tour
769-7450

SHE SHINES™

Published by YWCA Northern Rhode Island, *She Shines* is a magazine celebrating the aspirations and accomplishments of women.

A mailed publication, it has a circulation of 8,000+. To receive a free subscription or to reserve advertising space, call 769-7450.

The fall edition will celebrate the 2009 Women of Achievement. For details, visit www.womenofachievementri.org. Opportunities are available for nominating, luncheon tickets, and underwriting.

She Shines: 2009 winner of a Metcalf Award for Diversity in the Media.

www.sheshines.org



YWCA MISSION

The YWCA is dedicated to
eliminating racism, empowering women and
promoting peace, justice, freedom and dignity for all.

SUMMER SESSION 2009

ADVOCACY

National Grant for Eye Health Awareness awarded to YWCA Northern Rhode Island



YWCA Northern Rhode Island has been awarded a \$10,000 grant from the National Eye Institute, one of the National Institutes of Health, and an agency of the US Department of Health and Human Services.

With awarded funds, the YWCA will commission the creation of a Big Nazo puppet which will be used to present information to the community regarding ways to reduce blindness and visual impairment in children and adolescents ages 17 years and younger and also to provide information about Rhode Island law, which requires eye screening for preschool age children five and under.

Presentations by a Big Nazo puppet will be geared toward children and their parents, and will be made in conjunction with eye health professionals and doctors. The program will make its debut this summer in Woonsocket.

YWCA Northern Rhode Island, was established in 1923, and has been providing programs and services to northern Rhode Island and surrounding Massachusetts communities for 86 years. "The energy and commitment placed by the YWCA in promoting health, physical fitness programs, and eliminating health disparities are natural outgrowths of our commitments to our mission: eliminating racism and empowering women," Deborah Perry, executive director says.