

eliminating racism
empowering women

ywca

YEARS OF EXCELLENCE
1923-2009

86

summer session 2009 northern rhode island



REGISTRATION BEGINS JUNE 15

Summer Session I: 4 weeks 6/28 - 7/25.
Summer Session II: 4 weeks 7/26 - 8/22.
Closed for holidays: 7/4 and 8/10.

SUMMER CAMPS

Registration and deposit required. \$5/wk members. \$10/wk nonmembers. Summer camps end 8/21 for Kids Sports, Adventure, and Jr. Leadership. Doodle Bugs and Busy Bee held week of 8/31 - 9/4.

DOODLE BUGS

Mon.-Fri., 9am-1pm, \$100/wk, \$20/day
Early Birds and/or after camp options for an additional \$6/day (each program). Families needing full time care, speak with receptionist regarding childcare options. For children ages 2 1/2 to 3 1/2.

BUSY BEE

Mon.-Fri., 9am-1pm, \$75/wk, \$15/day
Mon.-Fri., 1-5pm, \$75/wk, \$15/day
Early Birds and/or after camp options for an additional \$6/day (each program). Families needing full time care, speak with receptionist regarding childcare options. Children must be ages 3 to 5 and fully toilet trained to participate.

KIDS SPORTS CLUB and TWO-RIFFIC DAYS

Mon., Tues., Wed., 9am-1pm, \$60/wk
Thurs. and Fri., 9am-1pm, \$40/wk
Early Birds option from 8-9am for an additional \$6/day. For ages 4 to 6.

ADVENTURE CAMP

Mon.-Fri., 7:45am-5:45pm, \$142/wk, \$29/day. For ages 6 to 12. Half days available, \$15 for a 4 hour day. Groups divided by age. Field trips, guest speakers, cooking, outdoor recreation, sports, arts/crafts, movie making, plays, face painting, scary stories, time in new YWCA computer lab, and visits to the Woonsocket Harris Public Library.

JUNIOR LEADERSHIP

Wed. - Fri., 7:45am-5:45pm, \$60/wk
For students entering grades 7, 8 and 9. Additional days at \$20/day. Half days also available, \$10 for a 4 hour day. As Junior Leaders, in conjunction with staff, campers will monitor children's safety and coordinate activities. Students learn personal responsibility in an intellectually and physically stimulating environment.

EARLY CHILDHOOD LEARNING CENTER

For an appointment or more details on child care, pre-preschool, or preschool call Mary Anne Deslauriers, Director of Early Childhood Learning Center, at 769-7450. Now open for child care at 6:30am for ages 6 and under.

CHILD CARE

INFANT/TODDLER

Our philosophy is to provide a developmentally appropriate program for children 8 weeks (6 weeks with pediatrician consent) to 3 years that focuses on a child's individual needs. We provide a safe and nurturing program, parents can rely upon throughout the year. The Early Childhood Learning Center encourages healthy social, emotional, physical, and cognitive development. Licensed by the Rhode Island Department of Children, Youth, and Families.

PRE-PRESCHOOL

LITTLE LEARNERS

Pre-preschool for children 2 1/2 to 3 1/2 years of age. With a consistent daily schedule modeled after our existing preschool program, children will be offered opportunities for socialization, creativity, and toilet training. Daily schedule includes circle time, songs, storytime, snack, play, and creative projects. 9am-noon. Two, three, or five day options available. Early Birds and Lunch Bunch available. Child care option also available for the afternoon.

PRESCHOOL

PRESCHOOL

The YWCA preschool is a developmental program for children age 3 to 5. Our philosophy is reflected in a "hands on" approach to learning through interactive experiences with peers, the environment, and adults. Our most important function at the YWCA preschool is to ensure that each child's first school experience is safe, joyful, and enriching. Two, three, and five-day programs with morning, afternoon, or full day options available. Licensed by the Rhode Island Department of Education.

STEPPING STONES

Unique transitional program for children

whose parents are postponing Kindergarten entrance. YWCA Stepping Stones is a developmentally appropriate setting where children participate in a program designed to enhance growth and development socially, emotionally, cognitively, and physically. Small class size (maximum 15) allows for much individual attention and teacher/peer involvement. Program meets Mon.-Fri., 1-4pm. Licensed by the Rhode Island Department of Education.

EXTENDED DAY PROGRAMS

The YWCA offers extended day programs to help accommodate a parent or guardians' schedule.

EARLY BIRDS

Children enjoy morning activities in a classroom environment from 8-9am and then are escorted to their respective classrooms. \$6/day

LUNCH BUNCH

Children eat lunch in a social environment then are offered center activities from noon-1pm. Lunches are brought from home. \$6/day

AFTER PRESCHOOL CARE

Children are engaged in age-appropriate activities including gross motor play in playground from 4-6pm. \$6/hour/day.

APPLE YOUTH ENRICHMENT

The APPLE curriculum includes Academics, Physical education/recreation, Prevention, Leadership, and Empowerment.

For program details call Nathan Smith, Youth Enrichment Program Coordinator, 769-7450. Inquire about tutoring services.

YOUTH ENRICHMENT

Our philosophy is to provide a developmentally appropriate program for children in Kindergarten to age 15. Program focuses on a youth's individual needs. We provide a safe, nurturing, and enriching program, which parents can rely upon throughout the year, especially after school, school vacations, and during the summer. Program encourages healthy social, emotional, physical, and cognitive development. Licensed by Rhode Island Department of Children, Youth and Families.

AFTER SCHOOL

For students attending any Woonsocket elementary school (public or Catholic) and the Woonsocket Middle School. Mon.-Fri., 2-6:30pm (3 day minimum), \$17/day. Children are bussed to YWCA from their schools, enjoy a free snack, participate in fun activities, offered homework help and special events. Builds on the strengths and values of youth by providing them with a supportive, safe, and culturally diverse environment in which they can develop positive qualities for school success and a productive future. Activities geared towards fostering individual creativity and imagination and the ability to implement the child's own original ideas. New computer lab and library.

PARENTING IN PROGRESS

PARENTING

16 to 21 years old

PARENTING IN PROGRESS (PIP)

An alternative education program housed at YWCA in collaboration with Woonsocket Education Department, Project RIRAL, BVCAP, and Connecting for Children and Families. Eligible applicants must live in Woonsocket and be pregnant or parenting young women under 21 years old. Mon.-Fri., 9am-1pm.

PIP/SUMMER LEARNING ACADEMY

July 13-August 21, Mon.-Fri., 9am-1pm. A program for teen parents and their children. Earn credit toward high school graduation or gain skills necessary to obtain a GED.

PIP/YOUNG VOICES

In conjunction with Young Voices, this is a six month leadership transformation academy where youth learn advanced research, public speaking, and debating skills.

PIP/RITA

In conjunction with Women Work!, RITA (Recruiting for the Information Technology Age) is a demand-driven workforce development approach that moves low income workers and job seekers into high-skill, high-wage employment, dramatically increasing individuals' income and employment potential.

For more details, call Deb Smith, Parenting in Progress Site Coordinator, at 769-7450.

SUMMER CAMP THEMES

Doodle Bugs: Down at the Farm, Animal Bop, Let's Go to Zoo, A Camping We Will Go, Bubbles & Boats, Under the Sea, Fun at the Beach, Color My World, The Shape of Things, 1 2 3, and A B C. For ages 2 1/2 to 3 1/2.

Busy Bee: Fun in the Sun, All That Glitters, Camp Cruising, Island Days, Camping Out Under the Stars, Jungle Adventure, Catch the Beat, Going on a Safari, Under the Big Top, and Animal Antics. For ages 3 to 5.

Kids Sports Club / Two-Riffic Days: T-Rex T-Ball, Bugs Bugs Sports and Bugs, Under the Sea

Floor Hockey, Chef Combos Fantastic Fitness Fun, Bob the Builder Basketball Yes We Can, Scooby Doo Soccer, Teddy Bear Tumbling, Transportation Track and Field, and Summer Surprise. For ages 4 to 6.

Adventure: Getting to Know You, Safety, Animals, Ancient Mysteries, Oceans of Adventure, Sports Week, Performance Arts, Imagination Station, Science Week, and Our World. For ages 6 to 12.

See brochure page 1 for more details on YWCA Summer Camp or call 769-7450.



Appropriate for a range of experience levels from those just beginning to explore art to advanced students building a portfolio. Combines theory and hand-on projects with a relaxed and social atmosphere. Each class is divided into two sections. In the first, a lesson plan that incorporates art theory, history, new materials and/or technique. During the second half, student work on guided projects of their own choice. Come join us, make new friends and add a little art to your vacation. An art material fee is included in the session fee. Missie St. Sauveur Mon. 5:15-6:45pm \$36/4wks, Session I

Adults and Teens*

FEARLESS ART FOR ADULT BEGINNERS

Have you always itched to try painting, sketching, or sculpting? Wish you knew the difference between Manet and Monet? In this class, you get an introduction to art-making, as well as a little art history, in a relaxed, non-judgmental atmosphere. No talent or experience required. Come have fun with us. You may be surprised by what you can create. An art material fee is included in the session fee. *Teens welcome if attending with adult. Missie St. Sauveur Mon. 7-8:30pm \$36/4wks, Session I

PHYSICAL ACTIVITIES

GYM PROGRAMS

All physical education classes are under the direction of Debbie Fay.

DESIGN YOUR OWN CLASS!

Any age group. Learn T-ball, floor hockey, golf, tennis, etc. Call Debbie Fay, Physical Education Director, 769-7450. Subject to time and space availability. Prices set by usage.

BIRTHDAY PARTIES DURING THE WEEK

Let Debbie Fay set up and run a party for your child. Themes: gymnastics, soccer, golf, etc. Call 769-7450 to schedule. Subject to time and space availability. Price set by usage.

Walking to 3 years old

JUMPING BEANS

Gymnastics play with parent. Thurs. 9-10am \$24/4wks: Sessions I, II

2 1/2 to 3 1/2 years old

Independent classes for your child (do not have to be toilet trained).

IDDY BIDDY SNACK ATTACKERS

Come run, have a snack, make a craft, and run some more. Thur. 10am-noon \$40/4wks: Sessions I, II

SMALL WORLD

Children offered opportunities for socialization, creativity and toilet training. Includes storytime, songs, crafts, playtime, and snack. Fri. 9am-noon \$36/4wks: Sessions I, II

LITTLE LEARNERS

Pre-preschool for children 2 1/2 to 3 1/2 years of age. Two, three, four or five days available. See brochure page 1 for details.

3 years old

CLUB 3

A Fantastic activity packed class for 3 year olds only. You must be "3" to join this club. Sports, running, jumping, playtime, arts and crafts all followed by a light snack. Tues. 1:30-3:30pm \$40/4wks: Sessions I, II

3 to 5 years old

INSIDE/OUTSIDE ADVENTURES

Nice weather we will spend time outside on playground collecting bugs, bird watching, and more. Bad weather we will play games in the gym. All activities followed by a snack. Mon. 1:30-3:30pm \$40/4wks: Session I \$30/3wks: Session II

TUMBLING CRAFTY SNACK ATTACKERS

Combination of crafts, gymnastics, games and a light snack. Non stop action. Wed. 1:30-3:30pm \$40/4wks: Sessions I, II

TUMBLING CRAFTY COOKS

Beginner gymnastics skills training combined with cooking and eating. Thurs. noon-2pm \$40/4wks: Sessions I, II

BREAKFAST SPECIAL

Come play soccer, tennis, golf, and more. Then scramble/crack some eggs, mix up pancakes, and enjoy a full breakfast. Fri. 9-11am \$40/4wks: Sessions I, II

SPORTSTASTIC

A new sport every week, socialization, and lunch making for your child. Fri. 11am-1pm \$40/4wks: Sessions I, II

4 to 6 years old

CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A. Mon. 3-4pm \$24/4wks: Session I \$18/3wks: Session II

6 to 9 years old

CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A. Mon. 4-5pm \$24/4wks: Session I \$18/3wks: Session II

9 to 12 years old

CHEERLEADING AND TUMBLING

Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C, and give me an A. Mon. 5-6pm \$24/4wks: Session I \$18/3wks: Session II

GYMNASTICS ACADEMY

GYMNASTICS - BASIC

3 to 5 years old

BEGINNER GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Preschoolers have the opportunity to advance to higher levels. Mon. 3:30-4:30pm \$24/4wks: Session I \$18/3wks: Session II

4 to 7 years old

BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels. Wed. 4-5:15pm \$30/4wks: Sessions I, II

5 to 12 years old

BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS

A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels. Thurs. 4-5:15pm \$30/4wks: Sessions I, II



ART STUDIO

ART CLASSES

New and returning students welcome; every session covers new artists and projects.

5 to 10 years old

ART FOR CHILDREN

This class will introduce young students to basic Colour Theory via fun, hands on, interactive lessons and creativity games. We'll explore a variety of materials and learn about a famous artist or two. At half-length, this summer course is an affordable way to work some creativity into your child's summer vacation. An art material fee is included in the session fee. Missie St. Sauveur Fri. 5-6:30pm \$36/4wks, Session I

11 and 12 years old

ART FOR TWEENS

Call for appropriate art class placement, 769-7450. We will gladly try to accommodate.

13+ years old

ART FOR TEENS

GYMNASTICS - CONTINUING

All classes listed below require permission from instructor for participation. Call Jennie Graham or Debbie Fay at 769-7450.

4 to 7 years old

ADVANCED PEE WEE GYMNASTICS-LEVEL I & II

Thurs. 3-4pm \$24/4wks: Sessions I, II

5 to 12 years old

ADVANCED GYMNASTICS PRE TEAM

Wed. noon-1:30pm \$36/4wks: Sessions I, II

COMPETITIVE TEAM

Monthly fee for all competitive teams:

One day a week \$44/month

Two days a week \$86/month

Three days a week \$100/month

Jennie Graham, Head Coach

Breonna Gentes, Assistant Coach

HOT SHOTS 4 to 9 years old

Wed. noon-2pm

TEAM A 8 to 16 years old

Fri. noon-2pm

TEAM B 8 to 16 years old

Mon. noon-2pm

Wed. 2-4pm

TEAM C 8 to 16 years old

Mon. 2-4:30pm

Wed. 3:30-7pm

TEAM D 9 to 18 years old

Mon. 4-7pm

Wed. 3:30-7pm

Fri. 2-5pm

WELLNESS PROGRAMS

EXERCISE

16+ years old

AEROBIC DANCE

Improve your aerobic fitness. Benefits include increase in heart health, muscular endurance, mood, energy level, and a decrease in shortness of breath. Fees reflect member rates, nonmembers pay an additional \$20. Colette Doura Mon./Wed., 7:15-8:15pm \$60/9wks: begins June 15

BELLYDANCING I

Learn exciting moves of ancient Middle Eastern art form: snake arms, figure eights, hip circles, traveling steps, and shimmies. Class is for first time students or those wanting to continue with basics before moving on to more advanced skills. No previous dance experience required. Fun, supportive environment. Donia Tues., 6:30-7:30pm \$24/4wks, Sessions I, II

BELLYDANCING II

Continue to learn and evolve in the timeless beauty of the belly dance. We will perfect the basics, along with learning new steps, undulations, turns and choreographies. Class is for

returning students who are ready for some more advanced moves. Introduction to veil and music theory will be covered as the session progresses. Stay fit while feeling like a goddess! Donia Tues., 7:30-8:30pm \$24/4wks: Sessions I, II

YOGA

Hatha yoga, art of movement that achieves balance between body and mind. Promotes wellness through physical poses, breathing techniques, and meditation. Helps improve strength and flexibility while reducing stress. Kathy Hopkins Thurs., 7-8:30pm \$36/4wks: Sessions I, II

WALKING CLUB

The Walking Club begins at John Dionne Track on Cumberland Hill Road, Woonsocket. Look for Jeanne and Bev. Tues., Wed, and Fri. at 10am. Mon. and Thurs. at 6pm. Call YWCA Health Office for details, 769-7450.

EXERCISE FACILITY

17+ years old

WOMEN'S WORKOUT ROOM

Enjoy the privacy of a women's only facility with: a four stack universal machine, bikes, free weights, treadmills, and showers. You must pay a \$20 instruction/processing fee and attend an introductory session in order to be eligible to use room. YWCA adult female membership required.

VOLLEYBALL LEAGUES

All volleyball leagues are under the direction of Debbie Fay, Physical Education Director. Teams picked by draft. Come prepared to play on organizational nights. Dates subject to change due to weather or other uncontrollable circumstances. To verify times/dates, call Debbie Fay at 769-7450.

Volleyball pick-up games for YWCA members. Front desk will collect names and phone number of players interested. Night and time will be decided by players availability. \$5 each week you play.

INTERMEDIATE MIXED CO-ED

Sundays: Organizational night will be held November 1, 6-8pm. League play begins November 8. Teams formed by draft. \$112/20 wks & playoffs/plus membership fee May pay in two installments.

POWER CO-ED

JOHN PIETROPAOLI LEAGUE

Tuesdays: Advanced players. Organizational night will be held September 8, 6:45-8:30pm. League play begins September 15. Teams formed by draft. \$56/10 wks & playoffs/plus membership fee

INTERMEDIATE CO-ED

Wednesdays: Intermediate or above players only. Organizational night will be held September 9, 6:45-8pm. League play begins September 16. Teams formed by draft. \$56/10 wks & playoffs/plus membership fee

WOMEN'S CLUBS

Y WIVES & GIRLS

The purpose of this club is to build a fellowship of women devoted to the task of enriching each member's life by building a program around education, services for others, and recreation.

Activities include outings, special events, and service projects. Membership is open to women 30 years of age and over. Meetings are held on alternate Tuesdays at 1:30pm from September through June. Call YWCA for details, 769-7450.

APRES-MIDI

This club provides opportunities for both single and married women to share activities, information, and to gain new friendships. Activities include guest speakers, outings, restaurant tours, luncheons, and demonstrations. Membership is open to women 30 years of age and over. Meetings are held on alternate Thursdays at 1:30pm from September through June. Call YWCA for details, 769-7450.

HEALTH

ENCOREplus®

ENCOREplus® is a systematic approach to women's health promotion, in particular, breast and cervical cancer education. The YWCA offers community outreach, breast and cervical health education, linkage to clinical screening services and assistance in accessing and navigating diagnostic treatment services when necessary. The YWCA also offers support during diagnosis and treatment.

If you are over the age of 40 and have no health insurance, or your insurance does not cover breast and cervical screenings every year, you may qualify for free services. The Rhode Island Department of Health Women's Cancer Screening Program provides a women's health exam including clinical breast and pelvic exams, Pap smear, mammogram, and follow-up services.

For more details call Joyce Dolbec, YWCA Health Consultant, at 769-7450. If hearing/speech impaired call 1-800-745-5555 for more details on the Cancer Screening Program.

SMOKING CESSATION

Supportive/educational one hour meeting weekly for 8 weeks held at YWCA Northern Rhode Island. Free nicotine replacement therapy during the 8 week program. Facilitated by tobacco treatment specialists trained by UMass Medical School. Open to those with or without insurance or on Medicaid. Call YWCA Health Office to register, 769-7450.

GOLF

WOMEN'S GOLF LEAGUE

Monday Tee-times starting at 4:30pm. May 4 to Aug 31 at Melody Hill Country Club. Call Debbie Fay for more information, 769-7450. YWCA membership plus \$47 league fee. All golfers must also pay weekly green fees at Melody Hill Country Club.

15TH ANNUAL GOLF TOURNAMENT

Sunday, July 19 at 12:30pm, shotgun at Foster Country Club. \$110/player - golf, gas cart and dinner. Support YWCA Northern Rhode Island as a player, sponsor, or raffle prize donor. Call Debbie Fay or Holly Courtemanche for details, 769-7450.

15th annual ENCOREplus® golf tournament in memory of Gini Duarte

The funds support breast health awareness and outreach programs.

Sunday, July 19, 2009

Foster Country Club

12:30pm Shotgun

Entry Fee: \$110 per person (includes green fees, cart, steak dinner and prizes). Separate prizes for winners of the women's Division & Co-Ed/Male Division

Call Debbie Fay or Holly Courtemanche for details at 401-769-7450

Please make check(s) payable to YWCA Northern Rhode Island and mail with the information below to: YWCA Northern Rhode Island, 514 Blackstone Street, Woonsocket, RI 02895

Attach foursome of individual names, full addresses, and phone numbers. Dinner guests welcome at a cost of \$30 each. Limited to the first 72 paid participants (18 foursomes)

MINORITY HEALTH PROMOTION CENTER

The YWCA has been designated by the Rhode Island Department of Health as a Minority Health Promotion Center. It is the only organization in northern Rhode Island to receive such a designation. Our Association develops and implements health information, health education, and risk reduction activities that improve the quality of life and eliminate health disparities for Woonsocket's racial and ethnic populations. Contact the YWCA Health Office for more information, 769-7450.

CONTACT US

514 Blackstone Street
Woonsocket, RI 02895
T: 401-769-7450
F: 401-769-7454
www.ywcanri.org

ANNUAL MEMBERSHIP

6 to 16 years \$12.00
17 to 64 years \$22.00
65 and over \$17.00

Children under 6 must be covered by a parent or guardian membership. Membership fees are not refundable or deductible as a charitable contribution. Reduced rates are available in some classes for members 65 and over. All classes and activities are open to both sexes unless otherwise indicated in the class description. A member may use the membership card at all other YWCAs in the USA.

YWCA membership, paid yearly, is required for participation in all programming except as otherwise indicated. Special non-member fees are available for some adult programs.

As a YWCA member, you have access to:

- low cost, innovative programs
- special membership events
- volunteer opportunities
- membership in the oldest, largest women's movement in the nation
(men and boys are welcome as associates)
- use of YWCA facilities nationwide

HOURS

Monday to Thursday, 9am-9pm
Friday 9am-6:30pm

STORM POLICY

Please listen to radio stations WOON 1240AM or WNRI 1380AM for YWCA cancellations, or watch Channel 10 & 12 closing announcements. School system delays, early dismissals, and professional days do not apply to YWCA schedule.

SCHEDULE

Classes run in consecutive sessions during the school year with a new schedule for summer.

ROOM RENTALS

Room rentals are available for events. Contact YWCA for details, 769-7450.

BOARD OF DIRECTORS

Kim Garneau, President
Cathy Brien, Vice President
Susan Gershkoff, Esq., Treasurer
Marissa Trinqué, Secretary
Rosemary Brite
Alessandra Borges
Lisa Carcifero
Gail Davis
Susan Donahue, DC
Vivian Godin
Lisa Harnois
Jeanne Lynch
Yvette Mendez
Stella Nared
Deborah L. Perry, Executive Director

EVENTS

- Enroll today, **Preschool Registration** for the 2009-10 school year is open.
- June 2-4, year end **Preschool Celebrations**
- June 3, **Spring Women's Wellness Series:** 2pm Lifespan will present Healthwise Book workshop and each participant will receive a free copy. 3pm Stress Reduction Techniques. 6:30pm Stress Reduction Techniques. Call YWCA Health Office to register, 769-7450.
- June 8 - August 21, **Summer Camps**
- June 10, 25th annual **PIP Graduation and Awards Ceremony**
- June 17, **Wellness Series Wii Game / Exercise:** Two sessions, 2-3:30pm & 6:30-8pm. Call YWCA Health Office to register, 769-7450.
- June 26, **Gymnastics Spring Show:** In YWCA Gymnasium with two performances. 6-7:30pm: Advanced Pee Wee, Intermediate, and Competitive Teams - A/B/C/D. 7:30pm: Tues. Advanced Gymnastics, Pre-Team, Competitive Teams - Hot Shots/A/B/C/D.
- July 19, 15th annual **ENCOREplus® Golf Tournament:** 12:30pm Shotgun at Foster Country Club. \$110/player - golf, gas cart and dinner. Support YWCA Northern Rhode Island as a player, sponsor or raffle prize donor. Call Debbie Fay or Holly Courtemanche for details, 769-7450. The funds support breast health awareness and outreach programs.

New to YWCA?
call for more information
schedule a tour
769-7450

SHE SHINES™

Published by YWCA Northern Rhode Island, *She Shines* is a magazine celebrating the aspirations and accomplishments of women.

A mailed publication, it has a circulation of 8,000+. To receive a free subscription or to reserve advertising space, call 769-7450.

The fall edition will celebrate the 2009 Women of Achievement. For details, visit www.womenofachievementri.org. Opportunities are available for nominating, luncheon tickets, and underwriting.

She Shines: 2009 winner of a Metcalf Award for Diversity in the Media.

www.sheshines.org



YWCA MISSION

The YWCA is dedicated to
eliminating racism, empowering women and
promoting peace, justice, freedom and dignity for all.

SUMMER SESSION 2009

ADVOCACY

National Grant for Eye Health Awareness awarded to YWCA Northern Rhode Island



YWCA Northern Rhode Island has been awarded a \$10,000 grant from the National Eye Institute, one of the National Institutes of Health, and an agency of the US Department of Health and Human Services.

With awarded funds, the YWCA will commission the creation of a Big Nazo puppet which will be used to present information to the community regarding ways to reduce blindness and visual impairment in children and adolescents ages 17 years and younger and also to provide information about Rhode Island law, which requires eye screening for preschool age children five and under.

Presentations by a Big Nazo puppet will be geared toward children and their parents, and will be made in conjunction with eye health professionals and doctors. The program will make its debut this summer in Woonsocket.

YWCA Northern Rhode Island, was established in 1923, and has been providing programs and services to northern Rhode Island and surrounding Massachusetts communities for 86 years. "The energy and commitment placed by the YWCA in promoting health, physical fitness programs, and eliminating health disparities are natural outgrowths of our commitments to our mission: eliminating racism and empowering women," Deborah Perry, executive director says.