

## ART STUDIO

### ART CLASSES

New and returning students welcome. Every session, new artists and projects are covered.

#### 5 to 10 years old

##### ART FOR CHILDREN

*Introduces young students to basic color theory via fun, hands on, interactive lessons and creativity games. We'll explore a variety of materials and learn about a famous artist or two. Art material fee included in session fee.*

Missie St. Sauveur  
Fri. 5-6:30pm \$54/6wks

#### 11 and 12 years old

##### ART FOR TWEENS

*Call for appropriate art class placement, 769-7450. We will gladly try to accommodate.*

#### 13+ years old

##### ART FOR TEENS

*Appropriate for a range of experience levels. Combines theory and hand-on projects with a relaxed and social atmosphere. Each class is divided into two section. In the first, a lesson plan that incorporates art theory, history, new materials and/or technique. Second half, student work on guided projects of their own choice. Art material fee included in session fee.*

Missie St. Sauveur  
Mon. 5:15-6:45pm \$36/4wks

#### Adults and Teens

##### FEARLESS ART FOR ADULT BEGINNERS

*Have you always itched to try painting, sketching or sculpting? In this class, you get an introduction to art-making, and a little art history, in a relaxed, non-judgmental atmosphere. Come have fun. You may be surprised by what you create. Art material fee included in session fee. Note: Teens welcome if attending with adult.*

Missie St. Sauveur  
Mon. 7-8:30pm \$36/4wks

## PHYSICAL ACTIVITIES

### GYM PROGRAMS

All physical education classes are under the direction of Debbie Fay.

##### DESIGN YOUR OWN CLASS!

*Any age group. Learn t-ball, floor hockey, golf, tennis, etc. Call Debbie Fay, Physical Education Director, 769-7450. Subject to time and space availability. Prices set by usage.*

##### BIRTHDAY PARTIES DURING THE WEEK

*Let Debbie Fay set up and run a party for*

*your child. Themes: gymnastics, soccer, golf, etc. Call 769-7450 to schedule. Subject to time and space availability. Price set by usage.*

#### Walking to 3 years old

##### JUMPING BEANS

*Gymnastics play with parent.*  
Tues. 9-10am \$36/6wks  
Thurs. 10-11am \$36/6wks

##### JUMPING BEANS GETS MESSY

*One hour of gymnastics play with parent then 1/2 hour of messy activity - crafts or cooking.*  
Fri. 9-10:30am \$54/6wks

#### 2 1/2 to 3 1/2 years old

*Independent classes for your child (do not have to be toilet trained).*

##### IDDY BIDDY SNACK ATTACKERS

*Come run, have a snack, make a craft and run some more.*  
Mon. 9-noon \$54/4wks

##### IDDY BIDDY SPORTY CRAFTY CHEFS

*Combination of Small World, crafts, games and cooking your own lunch. Come jump and crack some eggs. Non stop action.*  
Wed. 9-noon \$81/6wks

##### SMALL WORLD I, II, III

*Children offered opportunities for socialization, creativity and toilet training. Includes storytime, songs, crafts, playtime, and snack.*

##### SMALL WORLD I

Deb Nault  
Thurs. 9-10am \$18/6wks

##### SMALL WORLD II

Deb Nault  
Thurs. 10am-noon \$36/6wks

##### SMALL WORLD III

Deb Nault  
Fri. 9am-noon \$54/6wks

#### 3 to 5 years old

##### LUNCH WITH THE STARS

*Come play a game of Alligator Pit or Polar Bear. One hour of active gym time followed by making your own lunch and eating with the "Stars." Enjoy some playtime. Stuffed animal characters: Dora, Clifford, Cookie Monster, Blues Clues, etc.*  
Mon. noon-2pm \$40/4wks

##### PRIMO

##### CHEERLEADING WITH POM POMS

*Learn some cheers and pom pom skills used in cheerleading with an introduction to tumbling. Give me a Y, give me a W, give me a C and give me an A.*  
Mon. 3:30-4:30pm \$24/4wks

##### FUN 'N FRUITY ON THE FLY

*Action packed fun on the trampoline, rope or obstacle course. Play a game of alligator pit, t-rex or maybe even polar bear. Each child goes home with a piece of fruit for a snack after supper.*  
Mon. 4-5pm \$24/4wks



##### SPORTSTASTIC

*A new sport every week, socialization and lunch making for your child.*  
Wed. noon-2pm \$60/6wks

##### TUMBLING CRAFTY COOKS

*Beginner gymnastics skills training combined with cooking and eating.*  
Tues. noon-2pm \$60/6wks  
Thurs. noon-2pm \$60/6wks

##### GYMNASTIC FANTASTIC

*Fantastic activity packed class. An hour of gymnastics followed by lunch, craft and playtime.*  
Fri. noon-2:30pm \$75/6wks

#### 6 to 12 years old

##### CHEERLEADING AND TUMBLING

*Learn some cheers and tumbling skills used in cheerleading. Give me a Y, give me a W, give me a C and give me an A.*  
Mon. 4:30-5:30pm \$24/4wks

## GYMNASTICS ACADEMY

### GYMNASTICS - BASIC

#### 3 1/2 to 5 years old

##### BEGINNER GYMNASTICS FOR GIRLS AND BOYS

*A great all around introductory gymnastics program. Preschoolers have the opportunity to advance to higher levels.*  
Fri. 3:30-4:30pm \$36/6wks

#### 4 to 7 years old

##### BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS

*A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.*  
Thurs. 4:30-5:30pm \$36/6wks  
Sat. 10:15-11:30am \$45/6wks

#### 5 to 12 years old

##### BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS

*A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels.*  
Fri. 4:30-5:30pm \$36/6wks  
Sat. 9-10:15am \$45/6wks

### GYMNASTICS - CONTINUING

All classes listed below require permission from instructor for participation. Call Jennie Graham or Debbie Fay at 769-7450.

#### 4 to 7 years old

##### ADVANCED PEE WEE GYMNASTICS-LEVEL I & II

Thurs. 3:30-4:30pm \$36/6wks

#### 5 to 12 years old

##### ADVANCED GYMNASTICS

Tues. 3:45-5pm \$45/6wks

##### PRE TEAM

Sat. 11:30am-1pm \$54/6wks

##### COMPETITIVE TEAM

Monthly fee for all competitive teams:  
One day a week \$44/month  
Two days a week \$86/month  
Three days a week \$100/month

Jennie Graham, Head Coach  
Breonna Gentes, Assistant Coach

##### HOT SHOTS 4 to 9 years old

Sat. 9-11am

##### TEAM A 8 to 16 years old

Sat. 11am-1pm

##### TEAM B 8 to 16 years old

Sat. 11am-1pm

##### TEAM C 8 to 16 years old

Thurs. 4:15-6:30pm  
Sat. 1:30-4pm

##### TEAM D 9 to 18 years old

Tues. 3:45-6:30pm  
Fri. 4:15-6:30pm  
Sat. 1:30-4pm