

# STATEWIDE PROGRAMS

## YWCA OUTREACH

### HEALTH

#### ENCOREplus®

ENCOREplus® is a systematic approach to women's health promotion, in particular, breast and cervical cancer education. YWCA offers community outreach, breast and cervical health education, linkage to clinical screening services and assistance in accessing and navigating diagnostic treatment services when necessary. YWCA also offers support during diagnosis and treatment. If you are over age 40 and have no health insurance or your insurance does not cover breast and cervical screenings every year, you may qualify for FREE services. Rhode Island Department of Health Women's Cancer Screening Program provides a women's health exam including clinical breast and pelvic exams, pap smear, mammogram and follow-up services. For more details call Joyce Dolbec, YWCA Health Consultant, at 769-7450. For details about ENCOREplus® at Central Falls/Pawtucket Campus, call Luz Filpo at 722-3010. If hearing/speech impaired call 1-800-745-5555.

### MINORITY HEALTH PROMOTION

YWCA Rhode Island has been designated as a Minority Health Promotion Center by the Rhode Island Department of Health. It is the only organization in northern Rhode Island to receive such a designation. Our Association develops and implements health information, health education and risk reduction activities that improve the quality of life and eliminate health disparities for Woonsocket's racial and ethnic populations. Call YWCA Health Office, 769-7450.

### RACIAL JUSTICE

#### RACIAL JUSTICE TRAINING SERIES

Call YWCA Rhode Island at 401-769-7450:

- to book a Training Series
- to book Workshop Activities
- to order DVDs

**Day One - Level 100** (\$1,000 up to 25 people) With a focus on racial and ethnic identity in the United States, participants will become more aware of their own identity development, cultural lens, and attitudes towards race.

**Day Two - Level 200** (\$1,000 up to 25 people) An external examination of how racism is embedded in the historical legacy of the United States in our laws, economy, housing markets, and institutions, including our criminal justice and educational systems. By considering this historical legacy, participants will understand the impact that past policies still have on our society today.

**Day Three - Level 300** (\$1,000 up to 25 people) This workshop day offers the opportunity for internal exploration by examining subtle and overt behaviors stemming from bias that take many forms: personal, interpersonal, cultural, institutional, and systemic. Participants consider their own spheres of influence where they have privilege and they develop strategies to work towards equity.

## AWARDS

### 14<sup>th</sup> ANNUAL YWCA WOMEN OF ACHIEVEMENT

#### Kirkbrae Country Club

2018 Honorees will be featured in She Shines™ Magazine. Sponsorship opportunities available. To reserve advertising space, call 401-769-7450. For tickets to awards ceremony, visit [www.womenofachievementRI.org](http://www.womenofachievementRI.org).

## SHE SHINES™

Share it. Trust it. Smile.  
[www.sheshines.org](http://www.sheshines.org)

She Shines™ is a YWCA Rhode Island magazine and e-series that celebrates the aspirations and accomplishments of women.

To subscribe:  
e-mail



## ENCOREplus® COMMUNITY EVENTS

YWCA provides breast health outreach. For details on upcoming events, call Luz Filpo at 722-3010.

- YWCA Rhode Island recognized for excellence: For 23 consecutive years, ENCOREplus® has received funding from Avon Breast Cancer Crusade, to increase awareness of the life-saving benefits of early detection.
- ENCOREplus® hosts an annual Pink Relaxation Tea, provides resources & navigation services, and leads an annual training - Sister to Sister / de Mujer a Mujer.

ENCORE plus



ENCOREplus® also participates in the following community events:

- Outreach at Cavo Verde Embassy, Thursdays, call for details.
- Outreach at Woodlawn Community Center, Tuesdays & Thursdays, call for details.
- Outreach at Salvation Army, Tuesdays & Thursdays, call for details.

## PROVIDENCE

YWCA Community Center  
133 Delaine Street, Providence, RI 02909  
For program details, call 351-2241.

### COMMUNITY OUTREACH

#### GATEWAY TO INDEPENDENCE

Transitional Housing for Veterans  
Experiencing Homelessness

#### STEAM ENGINE

Before/After School Age Care  
Summer and Vacation Camps

#### RI-GEMS

Before/After School Age Empowerment Program for selected middle school girls attending West Broadway and DelSesto Middle School in Providence.

#### SHEILA "SKIP" NOWELL LEADERSHIP ACADEMY

Sponsored by YWCA Rhode Island, Nowell Leadership Academy is a public charter high school geared to serve needs of pregnant/parenting youth and their families. [www.nowellacademy.org](http://www.nowellacademy.org)

#### Dr. Day Care

Child care for infants through toddler provided by Dr. Day Care.  
[www.drdaY.COM](http://www.drdaY.COM)

## CENTRAL FALLS/PAWTUCKET CAMPUS

YWCA Rhode Island  
324 Broad Street, Central Falls, RI 02863  
For program details, call 722-3010.

### SARAH FRANCES GRANT HOMESTEAD

Sarah Frances Grant Homestead is a permanent supportive housing program for women with disabilities that are experiencing chronic homelessness. Residents must be 18 and over, unaccompanied by children and have been substance abuse free for at least three months before entering the program. Residents have a single bedroom and share common areas such as kitchen, living/dining room, and bathrooms. Case management services are provided on-site.

### WELLNESS

YWCA offers health outreach and information to Central Falls/Pawtucket community. Program includes ENCOREplus® (Breast and Cervical Health Outreach).

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