NORTHERN RHODE ISLAND CAMPUS
REGISTRATION BEGINS: 6/11, TWO SESSIONS, I: 6/24 - 7/28, II: 7/29 - 9/1
Closed: 7/4 Independence Day, 7/5-6 Maintenance Days, and 8/13 Victory Day

SUMMER CAMPS
First priority safety. Second priority fun.
Registration and deposit required for summer camps unless otherwise noted. $5/week members
$10/week nonmembers
YWCA accepts DHS subsidy.

DOODLE BUGS
 Begins June 11
For children 2 years 9 months to 3 1/2.
Enjoy stories, games and activities. Themes: Away We Go, Down By The
Station, Celebrate & More. 9am-1pm, $21/day. Early Birds and/or after camp options available. Families needing
additional hours, speak with receptionist regarding rates.

BUSY BEE
 Begins June 11
For children 3 to 5 years of age. Enjoy
stories, games and activities. Themes: Community Helpers, Under The Sea,
Space Adventure & More. 9am-1pm or
noon-4pm, $17/half-day. Early Birds and/or after camp options available. Families needing
additional hours, speak with receptionist regarding rates.

ADVENTURE
 Begins June 21
For children 5 to 12 years of age with
groups divided by age. Junior
Leadership option available for youth
13 and over. Theme: Journey Through
the Solar System on the Magic School
Bus. Free snack, sports, arts/crafts,
cooking, dramatic play, games and
walking field trip to Cold Spring Park
weather permitting. 6:30am-6pm, $15/half-day (4 hours of
your choice). $30/day

EARLY CHILDHOOD
LEARNING CENTER
Open for child care at 6:30am. For details call Becky Wallace, Director of Early Childhood Education, 769-7450.

CHILD CARE
INFANT/TODDLER
Our philosophy is to provide a developmentally appropriate program for children 8 weeks (6 weeks with pediatrician consent) to
3 years that focuses on a child’s individual needs. We provide a safe and nurturing pro-
gram, parents can rely upon throughout the year. The Early Childhood Learning Center encourages healthy social, emotional,
physical and cognitive development. Licensed by Rhode Island Department of Children, Youth and Families.

PRE-PRESCHOOL
LITTLE LEARNERS
Pre-preschool for children 2 years 9 months to
3.3 years of age. With a consistent daily
schedule modeled after our existing
preschool program, children will be offered
opportunities for socialization, creativity,
and toilet training. Daily schedule includes
circle time, songs, storytime, snack, play,
and creative projects. 9am-noon. Two, three,
or five day options available. Early Birds and
Lunch Bunch available. Child care option
also available for the afternoon.

PRESCHOOL
The YWCA preschool is a developmentally
appropriate program for children age 3 to 5.
Our philosophy is reflected in a “hands on”
approach to learning through interactive experiences with peers, the environment,
and adults. Our most important function at
the YWCA preschool is to ensure that each
child’s first school experience is safe, joyful,
and enriching. Our curriculum and assess-
ment align with the Rhode Island Early
Learning Standards. Two, three, and five-day
programs with morning, afternoon or full day
options available. Approved by Rhode Island Department of Education and by Rhode
Island Department of Children, Youth and
Families.

STEPPING STONES
Unique transitional program for children
preparing for Kindergarten entrance. YWCA
Stepping Stones is a developmentally appro-
site setting where children participate in a
program designed to enhance growth and
development socially, emotionally, cogni-
tively, and physically. Our curriculum and
assessment align with the Rhode Island Early
Learning Standards. Small class size allows
for much individual attention and teacher/ peer involvement. Program meets Mon.-Fri.,
9am-3pm. Morning and full day option avail-
able. Licensed by Rhode Island Department
of Children, Youth and Families.

EXTENDED DAY PROGRAMS:
YWCA offers programs to help accommodate
a parent or guardians’ schedule. $6/hour

EARLY BIRDS
Children enjoy activities in a classroom
environment from 6:30-9am then are
escorted to respective classrooms.

LUNCH BUNCH
Children eat lunch in a social environment
then are offered activities and gym/ playground from noon-1pm. Lunches
brought from home.

AFTER CARE
Children are engaged in age-appropriate
activities including gross motor play in
playground from 3-6pm.

YWCA RHODE ISLAND
1867 - 2018
YWCA Rhode Island is a provider agency of NACCRRA Military Fee Assistance Program.

YOUTH ENRICHMENT
APPLE
Youth Enrichment APPLE Curriculum:
Academics, Physical Education/Recreation,
Prevention, Leadership, and Empowerment.
For students attending any Woonsocket
elementary school (public or private) and the
Woonsocket Middle School. Mon.-Fri., 2-6pm
(3 day minimum). Before school option
available beginning at 6:30am (not available
for Woonsocket Middle School). Children are
bussed to/from YWCA and their schools,
enjoy a free afternoon snack, participate in
weekly themed fun activities and special
events, and offered homework help. The
program builds on the strengths and values
of youth by providing them with a support-
ive, safe, and culturally diverse environment
in which they can develop positive qualities
and skills for school success and a
productive future. Activities geared towards
fostering individual creativity, imagination,
and cognitive development.

SERVICES FOR FAMILIES
We are there for you when school is closed.
YWCA provides an all day youth enrichment
program for children age 5 to 12 when school
is cancelled due to inclement weather and
during school vacation. In order to partici-
pate, you must register your child in
advance, 769-7450.

BEFORE SCHOOL AGE CARE &
AFTER SCHOOL AGE CARE
Transportation provided. Our philosophy is
to provide a developmentally appropriate
program for children in Kindergarten to age
12. The program focuses on a youth’s
individual needs. We provide a safe,
nurturing and enriching program, which
parents can rely upon throughout the year,
especially after school, school vacations and
during the summer. Licensed by Rhode
Island Department of Children, Youth and
Families. Program encourages healthy social,
emotional, physical, and cognitive
development through weekly themes and
creative activities.

YWCA accepts DHS subsidy.

* YWCA Rhode Island is a provider agency of NACCRRA Military Fee Assistance Program.
For details, call Deb Smith, RN and Parenting In Progress Site Coordinator, 769-7450.

16 to 25 years old

PARENTING IN PROGRESS® Parenting In Progress (PIP) is an alternative education, life skills, and job training program housed at YWCA. Collaborative partners for this YWCA program include: Woonsocket Education Department, Project RIRAL, Connecting for Children and Families, Community Care Alliance and area businesses. Eligible applicants must live in Woonsocket and be pregnant or parenting young women under 25 years old. Mon. - Thurs. from 9am-2pm.

GYMNASICS ACADEMY

BASIC GYMNASTICS
3 1/2 to 5 years old

BEGINNER GYMNASTICS FOR GIRLS AND BOYS A great all around introductory gymnastics program. Preschoolers have the opportunity to advance to higher levels. Sat. 11am-12noon $38/5wks/I & $38/5wks/II

PRE TEAM Sat. 9-11am $75/5wks/I & $75/5wks/II

5 to 12 years old

BEGINNER GYMNASTICS FOR GIRLS AND BOYS A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels. Sat. 9-10am $38/5wks/I & $38/5wks/II Sat. 12noon-1pm $38/5wks/I & $38/5wks/II

BEGINNER/INTERMEDIATE GYMNASTICS FOR GIRLS AND BOYS A great all around introductory gymnastics program. Students have the opportunity to advance to higher levels. Sat. 10-11am $38/5wks/I & $38/5wks/II

CONTINUING GYMNASTICS All classes listed below require permission from the instructor for participation. Call Jennie Graham at 769-7450. YWCA Rhode Island Gymnastics Academy Competitive Coaches are USA Gymnastics Certified.

5 to 12 years old

ADVANCED GYMNASTICS Sat. 9-11am $75/5wks/I & $75/5wks/II

PRE TEAM Sat. 9-11am $75/5wks/I & $75/5wks/II

COMPETITIVE TEAM Monthly fee for all competitive teams: One day a week $52/month Two days a week $104/month Three days a week $130/month

Jennie Graham, Head Coach
Breonna Lenart, Head Coach

HOT SHOTS 4 to 9 years old Sat. 9-11am

TEAM A 8 to 16 years old Sat. 11am-1pm

TEAM B 8 to 16 years old Tues. 5:30-8pm Thurs. 5:30-8pm

TEAM C 8 to 16 years old Tues. 5:30-9pm Fri. 5:30-9pm Thurs. 5:30-9pm (optional)

TEAM D 9 to 18 years old Tues. 2:30-6pm Thurs. 4:30-7:30pm Fri. 5:30-9pm

WELLNESS PROGRAMS

EXERCISE FACILITY

17+ years old

WOMEN’S WORKOUT ROOM Enjoy the privacy of a women's only facility with: a four stack universal machine, bikes, free weights, treadmills and showers. You must pay a $20 instruction/processing fee and attend an introductory session in order to be eligible to use room. YWCA adult female membership required. For an appointment call Front Desk, 769-7450.

EXERCISE

16+ years old

AEROBIC DANCE Improve your aerobic fitness. Benefits include increase in heart health, muscular endurance, mood, energy level and a decrease in shortness of breath. Fees reflect member rates, nonmembers pay an additional $20. Colette Doura For details call YWCA Front Desk, 769-7450.

VOLLEYBALL LEAGUES

Schedule subject to change due to weather or uncontrollable circumstances. To verify, call 769-7450.

INTERMEDIATE MIXED CO-ED

POWER CO-ED JOHN PIETROPAOLI LEAGUE Tuesday: Advanced. Open House: 9/4 at 7:15pm Call for participation availability. $58/10wks & playoffs/plus membership fee.

INTERMEDIATE CO-ED
Thursday: Intermediate or above. Open House: 9/6 from 6-8pm Call for participation availability. $58/10wks & playoffs/plus membership fee.
STATEWIDE PROGRAMS

YWCA OUTREACH

HEALTH

A MATTER OF BALANCE
Program designed to manage falls and increase activity levels. Learn to: view falls as controllable, set goals for increasing activity; make changes to reduce fall risks at home; and exercise to increase strength and balance. Who should attend? Anyone concerned about falls; interested in improving balance, flexibility and strength; who has fallen in the past; and who has restricted activities because of falling concerns. Workshop includes 8 consecutive classes that are held for 2 hours each. Call YWCA Health Office, 769-7450.

ENCOREplus®
ENCOREplus® is a systematic approach to women’s health promotion, in particular, breast and cervical cancer education. YWCA offers community outreach, breast and cervical health education, linkage to clinical screening services and assistance in accessing and navigating diagnostic treatment services when necessary. YWCA also offers support during diagnosis and treatment. If you are over age 40 and have no health insurance or your insurance does not cover breast and cervical screenings every year, you may qualify for FREE services. Rhode Island Department of Health Women’s Cancer Screening Program provides a women’s health exam including clinical breast and pelvic exams, pap smear, mammogram and follow-up services. For more details call Joyce Dolbec, YWCA Health Consultant, at 769-7450. For details about ENCOREplus® at Central Falls/Pawtucket Campus, call Luz Filpo at 722-3010. If hearing/speech impaired call 1-800-745-5555.

MINORITY HEALTH PROMOTION
YWCA Rhode Island has been designated as a Minority Health Promotion Center by the Rhode Island Department of Health. It is the only organization in northern Rhode Island to receive such a designation. Our Association develops and implements health information, health education and risk reduction activities that improve the quality of life and eliminate health disparities for Woonsocket’s racial and ethnic populations. Call YWCA Health Office, 769-7450.

RACIAL JUSTICE

RACIAL JUSTICE TRAINING SERIES
Call YWCA Rhode Island at 401-769-7450:
 ● to book a Training Series
 ● to book Workshop Activities
 ● to order DVDs

Day One - Level 100 ($1,000 up to 25 people) With a focus on racial and ethnic identity in the United States, participants will become more aware of their own identity development, cultural lens, and attitudes towards race.

Day Two - Level 200 ($1,000 up to 25 people) An external examination of how racism is embedded in the historical legacy of our laws, economy, housing markets, and institutions, including our criminal justice and educational systems. By considering this historical legacy, participants will understand the impact that past policies still have on our society today.

Day Three - Level 300 ($1,000 up to 25 people) This workshop day offers the opportunity for internal exploration by examining subtle and overt behaviors stemming from biases that take many forms: personal, interpersonal, cultural, institutional, and systemic. Participants consider their own spheres of influence where they have privilege and they develop strategies to work towards equity.

YOUTH ENRICHMENT

RODIE’S GIRLS SUMMER
Rosie’s Girls is a six-week summer day camp program of YWCA Rhode Island for girls from Providence entering fifth through eighth grade. Through non-traditional activities like carpentry, welding, electrical wiring and auto repair, young women improve their science, engineering, technology, and math (STEM) skills. Participants are challenged to develop a broader sense of themselves and their capabilities. YWCA Rosie’s Girls encourages participants to develop confidence and expand their perception of education and career options that are attainable.

RODIE’S CIRCLE
Rosie’s Girls is supported through a mix of funding and donations from individuals, foundations, and corporations. The overwhelming majority of our campers require financial aid. In fact, from 2013 - 2017, 100% of our campers received full tuition scholarships. We invite you to join other women and men in becoming a member of YWCA Rosie’s Circle, a group committed to delivering financial support to Rosie’s Girls to ensure that no girl will be turned away from the camp because of her inability to pay.

YES! I want to join YWCA Rosie’s Circle.
www.ywcari.org/donate.html

● $50 will help supply two campers with a set of hand tools

● $150 provides twelve girls with a day of carpentry instruction

● $750 provides a full scholarship for one girl to attend YWCA Rosie’s Girls for three weeks

FANTASTIC GIRLTASTIC CODE COMPANY™
Fantastic Girltastic Code Company™ is a program of YWCA Rhode Island designed to make computer sciences relevant, cool, hip and exciting in an effort to educate, inspire and equip girls to pursue careers in computer sciences. The approach includes code instruction, female role models and mentors, connections to colleges and universities, and access to industry leaders.

YES! I want to help support the Fantastic Girltastic Code Company™.
Your donation will assist in the purchase of computers. www.ywcari.org/donate.html

● $750, $150, or $50

● Other: ________

ENCOREplus® COMMUNITY EVENTS

YWCA provides breast health outreach. For details on upcoming events, call Luz Filpo at 722-3010.

● YWCA Rhode Island is recognized for excellence:
For 23 consecutive years, ENCOREplus® has received funding from Avon Breast Cancer Crusade, to increase awareness of the life-saving benefits of early detection.

● ENCOREplus® provides resources, navigation services and leads an annual training - Sistahs, Sistahs / de Mujer a Mujer.

● Save the Date, 24th Annual Pink Relaxation Tea: October 23 from 1-3pm Slater Mill, Pawtucket.

● Outreach at Salvation Army, Woodlawn Community Center & Cabo Verde Embassy.

● Additional events on page 4.

PROVIDENCE

YWCA Community Center
133 Delaine Street, Providence, RI 02909
For program details, call 351-2241.

COMMUNITY OUTREACH

GATEWAY TO INDEPENDENCE
Transitional Housing for Veterans Experiencing Homelessness

STEAM ENGINE
Before/After School Age Care
Summer and Vacation Camps

YWCA SPONSORED SHEILA “SKIP” NOWELL LEADERSHIP ACADEMY
Sponsored by YWCA Rhode Island, Nowell Leadership Academy is a public charter high school geared toward serving the needs of pregnant/parenting youth and their families. www.nowellacademy.org

GOLF TOURNAMENT

24th ANNUAL YWCA GINI DUARTE MEMORIAL

Sunday, July 15
1pm Shotgun
Foster Country Club

Participate with YWCA Rhode Island as a player, sponsor or raffle prize donor. www.ywcari.org

CENTRAL FALLS/PAWTUCKET CAMPUS

YWCA Rhode Island
324 Broad Street, Central Falls, RI 02863
For program details, call 722-3010.

SARAH FRANCES GRANT HOMESTEAD
Sarah Frances Grant Homestead is a permanent supportive housing program for women with disabilities that are experiencing chronic homelessness. Residents must be 18 and over, accompanied by children and have been substance abuse free for at least three months before entering the program. Residents have a single bedroom and share common areas such as kitchen, living/dining room, and bathrooms. Case management services are provided on-site.

WELLNESS
YWCA offers health outreach and information to Central Falls/Pawtucket community. Program includes ENCOREplus® (Breast and Cervical Health Outreach).

YWCA SPONSORED SHEILA “SKIP” NOWELL LEADERSHIP ACADEMY
Sponsored by YWCA Rhode Island, Nowell Leadership Academy is a public charter high school geared toward serving the needs of pregnant/parenting youth and their families. www.nowellacademy.org

SHE SHINES™

Share It. Trust it. Smile.
www.sheshines.org

She Shines™ is a YWCA Rhode Island magazine and e-series that celebrates the aspirations and accomplishments of women.

To subscribe: call 401-769-7450

NOWELL LEADERSHIP ACADEMY

SHEILA “SKIP” NOWELL
YWCA SPONSORED

SHEILA “SKIP” NOWELL LEADERSHIP ACADEMY
Sponsored by YWCA Rhode Island, Nowell Leadership Academy is a public charter high school geared toward serving the needs of pregnant/parenting youth and their families. www.nowellacademy.org
YWCA member, you have access to:
- low cost, innovative programs
- special membership events
- volunteer opportunities
- use of YWCA facilities nationwide
- membership in oldest, largest women’s movement in the nation

OFFICE HOURS
Northern Rhode Island Campus: Monday to Thursday 9am-9pm and Friday 9am-6:30pm. For information about statewide programs, call 769-7450.

CHILD CARE HOURS
Northern Rhode Island Campus: Monday to Friday, open at 6:30am (prearrange with program director).

NEW TO YWCA
For more information or to schedule a tour, call 769-7450.

SCHEDULE
Classes run in consecutive sessions during school year with a new schedule for summer.

In the event of a YWCA cancellation and closing announcements, listen to radio stations WOON 1240 AM & WNRI 1380 AM or watch Channel 6, 10 & 12. School system delays, early dismissals, and professional days do not apply to YWCA schedule.

NOTABLE
- Affiliate of YWCA USA
- Sponsor of the Sheila “Skip” Nowell Leadership Academy
- Recipient of Outstanding Neighborhood Planning Award from American Planning Association - RI Chapter
- American Camp Association Accredited
- Licensed by Rhode Island Department of Education
- Licensed by Rhode Island Department of Children, Youth, and Families
- Member of Bright Stars
- Member of RI Afterschool Plus Alliance
- Participating Organization of Combined Federal Campaign
- USA Gymnastics Certified Coaches

YWCA IS ON A MISSION
YWCA RHODE ISLAND

BOARD OF DIRECTORS
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A MISSION TO:
ELIMINATE RACISM, EMPOWER WOMEN,
STAND UP FOR SOCIAL JUSTICE,
HELP FAMILIES AND STRENGTHEN COMMUNITIES

SUMMER SESSIONS 2018

EVENTS
see page 3 for additional events
- June 13, Parenting In Progress Graduation and Awards Ceremony, 34th Annual. Begins at 11am.
- June 13, Preschool Open House: 10-11am at NRI Campus. Parents and children are welcome to explore classrooms, meet teachers and receive a tour of the facility.
- June 19, Senior Fair: ENCOREplus® 5-7pm at Woonsocket Senior Center.
- June 23, Gymnastics Spring Shows 3pm & 4:15pm
- Accepted thru July 2, State PreK Lottery: Free, high quality pre-kindergarten classes. Apply online at https://www3.ride.ri.gov/PKLottery
- July 15, Golf Tournament: 1pm Shotgun at Foster Country Club.
- August 8, 4-5pm & August 9, 10-11am, Preschool Orientation: family handbook, Q&A and tour.
- August 30, Preschool Meet and Greet: 5:30-6:30pm, parents and children are welcome to explore classrooms, meet teachers and receive a tour of facility.
- September 25, Women of Achievement Awards: 14th Annual Event from 11:30am-1:30pm at Kirkbrae Country Club. For tickets & sponsorship opportunities, visit: www.womenofachievementri.org